



## Fiber Breakfast Bread

**1 cup oats**

**1 cup bran**

**1 cup whole wheat flour**

**1 cup sugar**

**1 cup raisins**

**1 tsp. salt**

**1 tsp. soda**

**1 cup water**

**1 cup buttermilk**

**Stir all ingredients together, mixing well. Bake in a greased loaf pan at 350 for 10 minutes.**

*Meredith Curtis*